

Bob Keating 5000m Handicap

When the Club trained at Legh Street Baths this handicap race was traditionally held on the last Sunday of April, which was the last winter training session. The Senior 200 length handicap is a good test of the fitness for the coming season. Even though Sunday training now takes place at Fordton and continue throughout the year, the format of holding the handicap before the start of the season has continued. However, due to time constraints resulting from the change of pool length, i.e. yards to metres, the event has been shortened to 150 lengths.



Year	Winner	Year	Winner
1994	Mike Cooke	1995	Dave Penketh
1996	Not recorded	1997	Michaela Yates
1998	Not run	1999	Dave Feakes
2000	Kevin Saunders	2001	Kevin Saunders
2002	Andrew Wright	2003	Andrew Wright
2004	Jim Nurse	2005	Caroline Lewis
2006	Joe Coy	2007	Caroline Lewis
2008	Dave Bowker	2009	Michaela Richard
2010	Steve Connor	2011	Rob Waters
2012	Adrian Moylan	2013	Steve Elliot
2014	Not Run	2015	
2016		2017	

Year	Winner	Year	Winner
2018		2019	
2020		2021	
2022		2023	