

**Senior 2 Mile Ladies Championships**

Laura Bowden	00.22.23	00.45.38	00.45.38	1st Freestyle
Michaela Richard	00.26.34	00.54.08	00.54.08	2nd Freestyle
Jan Rigby	00.33.32	01.09.23	01.09.23	1st Breaststroke
Julie Trevor	DNS		DNS	
Mandy Reid	DNS		DNS	
Beth Dowding	DNS		DNS	

**Senior 2 Mile Mens Championships**

Ben Winterburn	00.22.31	00.47.33	00.47.33	1 <sup>st</sup> Freestyle
Steve Connor	00.26.38	00.54.19	00.54.19	2nd Freestyle
Frank Kilgannon	00.30.09	01.01.48	01.01.48	3 <sup>rd</sup> Freestyle
Colin Benn	00.37.36	01.20.35	01.20.35	

**Junior 2 Mile Championships**

Ellie Howley	00.28.40	Retired	00.28.40	Achieved 1 mile
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**Junior 2 Mile Wetsuit Championships**

Jessica Parry	00.22.09	00.45.06	00.45.06	1 <sup>st</sup> Freestyle
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**Senior Wetsuit 2 Mile Ladies Championships**

Sarah Roberts	00.22.09	00.45.08	00.45.08	1 <sup>st</sup> Freestyle
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**Senior Wetsuit 2 Mile Mens Championships**

Chris Malpass	00.22.09	00.44.56	00.44.56	1 <sup>st</sup> Freestyle
Billy Seaman	00.28.53	00.59.23	00.59.23	2 <sup>nd</sup> Freestyle
David Cole	00.25.04	00.52.25	00.52.25	3 <sup>rd</sup> Freestyle
Aynsley Dowding	00.33.25	01.07.50	01.07.50	
Ian Lovegrove	00.37.06	01.16.04	01.16.04	
Grant Carter-Moore	00.29.46	01.01.55	01.37.34	
Joseph James Robins	DNS	DNS		

**Senior Ladies 4 Mile Championships**

Rachel Wilkinson	00.24.37	00.50.00	01.15.28	01.41.16	01.41.16	1st Freestyle
Lucy Parker	00.26.28	00.54.14	01.23.29	01.52.42	01.52.42	2nd Freestyle
Ellie Jane Knight	00.31.42	01.04.54	01.38.16	02.10.45	02.10.45	1st Breaststroke
Michelle Hardy	00.32.46	01.07.13	01.42.35	02.18.41	02.18.41	3rd Freestyle
Julie Lloyd	00.37.29	01.15.42	01.54.36	02.34.04	02.34.04	
Vicki Thompson	DNS					

**Senior Mens 4 Mile Championships**

Justin Palfrey	00.28.23	00.45.46	01.09.36	01.34.16	01.34.16	1st Freestyle
Jim Bridges	00.00	00.46.33	01.10.46	01.35.23	01.35.23	2nd Freestyle
Jamie Campbell	00.27.26	00.55.39	01.24.08	01.52.45	01.52.45	3rd - Freestyle
Andy Sherratt	00.32.17	01.05.28	01.37.54	02.10.10	02.10.10	
William Taylor	00.36.40	01.15.20	01.55.18	02.36.30	02.36.30	
Nick White	00.35.46	01.16.07	02.01.53	02.51.30	02.51.30	1st Breaststroke
Andrew Orme	DNS					

**Senior Wetsuit Ladies 4 Mile Championships**

Emily Jevons	00.22.46	00.46.35	01.11.53	01.37.34	01.37.34	1st
Barbara Rigby	00.32.39	01.07.59	01.44.27	02.21.26	02.21.26	2nd
Chris Mantin	00.35.40	00.51.28	Retired	Retired		Achieved 2 miles

**Senior Wetsuit Mens 4 Mile Championships**

Dominique Miller	00.24.46	00.51.12	01.18.14	01.45.28	01.45.28	1st
Ian Girven	00.27.02	00.55.34	01.25.34	01.56.45	01.56.45	2nd
Andy Gray	00.27.02	00.59.37	01.31.10	02.01.50	02.01.50	3rd
Jeremy Cooper	00.28.07	00.57.51	01.29.30	02.02.17	02.02.17	
David Walsh	00.32.10	01.05.28	01.40.13	02.16.03	02.16.03	
David Laughlin	00.32.00	01.06.21	01.52.06	02.17.48	02.17.48	

Dolphins have shown their support for many more events around the country this year -  
Champion of Champions Ellerton Lake, Wykeham, Bala, Lynn Regis, Ivan Percival, Salford  
Quays, Dee Mile and many, many more.

Well done to all.

Michaela Richard  
WDLSC President